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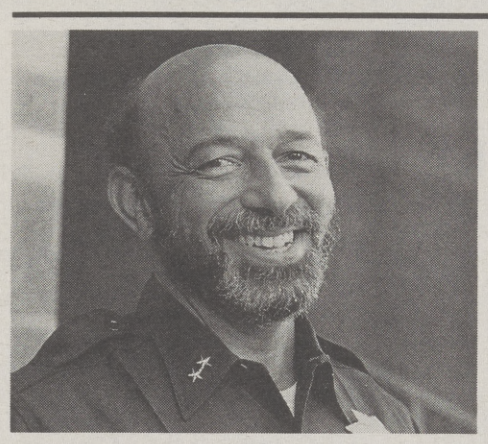
Volume 5, Number 20 *November 24-December 14, 1990*

UCSF Newsbreak



Ron Nelson

Position: New chief, UCSF Police.
Background: Started his career with the LAPD; came up through the ranks to become chief of police at China Lakes Naval Weapons Center, then city manager of Compton, CA. Most recently served as chief of police for the City of Berkeley for 7-1/2 years. Retired from Berkeley force in August 1990.
As Berkeley chief: Received national recognition for a program to combat drug dealers, in which he converted an AC Transit Bus into a mobile command station that can be driven directly into "hot spots." Program won first place award from the National League of Cities. During his tenure Berkeley became third police department in the state to become accredited in new national accreditation program.
Philosophy: Believes in community involvement in crime prevention. As Berkeley chief, the number of Berkeley neighborhoods participating in Neighborhood Watch Program climbed from 30 to more than 300. Plans to emphasize the involvement of the UCSF community in crime prevention on campus.
Educational background: Holds a BA in sociology and criminology from Drake University, a Master's in Public Communication from Pepperdine and a California teaching credential.

A Safe Environment is Possible . . . If You Get Involved

Personal safety and crime prevention . . . something you probably don't think about *too* much, unless you or someone you know has been threatened, or you recently had something stolen. But, your safety and preventing crime *is* what our new chief of police Ron Nelson and the entire campus Police Department think about . . . a lot.

"We have 25 officers who regularly patrol UCSF," explains Nelson. But, he admits, this is not an easy task because our campus is made up of more than just Parnassus. It encompasses a variety of spread-out sites, including Laurel Heights, MCB, 20th & Harrison and Oyster Point.

"While it's important to have a strong police presence," says Nelson, "there are steps each of us can take to help prevent crime and improve personal safety."

Let's look at it on a departmental basis first. The Police Department offers free security inspections to all campus departments. Following the inspection, your department will receive a written report, which will detail what needs to be done to help protect your department from crime.

In addition, the Police Department has just upgraded its alarm monitoring system, which is maintained by California Fire & Security (CFS). If your department has an alarm system, you soon will be paid, or may already have been paid, a visit by a CFS service person making sure your alarm works. If your system is not up to snuff, get it repaired. According to Nelson, the biggest problem is false alarms. In fact, he says that 95% of all alarms are false. Besides wasting the Police Department's time, false alarms could put your department on a "nonavailability list." That means that when your alarm goes off, the police won't treat it as seriously as others.

In terms of personal safety, a new program called "If I Were a Thief," now is in progress all over campus and satellite locations. Police officers are patrolling corridors and department halls looking for likely theft targets. If they see something unattended which could easily be stolen, they are tagging it with a yellow sticker which reads "If I Were a Thief," plus notifying the department head.

Nelson (far right) with his crime prevention team: (left to right) Gwen Turner, Chris Yee and Jerome Graham.

This time of year, in particular, you'll find pickpockets. The Police Department has undercover officers in areas on and off campus trying to stop thieves before they relieve you of your cash.

From tear gas classes and victim services to crime prevention programs and personal safety courses, not to mention a night security shuttle, the Police Department has a wide range of services, and encourages you to take advantage of them. For further information or to report a crime which already has occurred call the department at 476-1414. To learn more about crime prevention call 476-5683. In an emergency call 476-6911.

Meanwhile, that cheery season is here again, so pay attention to these important holiday safety tips:

At work:

- Lock any gifts you've bought on your lunch hour away in a safe place. Remind coworkers to do the same.
- Be especially careful to keep your car keys, house keys and wallet with you at all times. Never leave property unattended and

(continued on page 2)

New Cholesterol Training Center Serves Regional Physicians

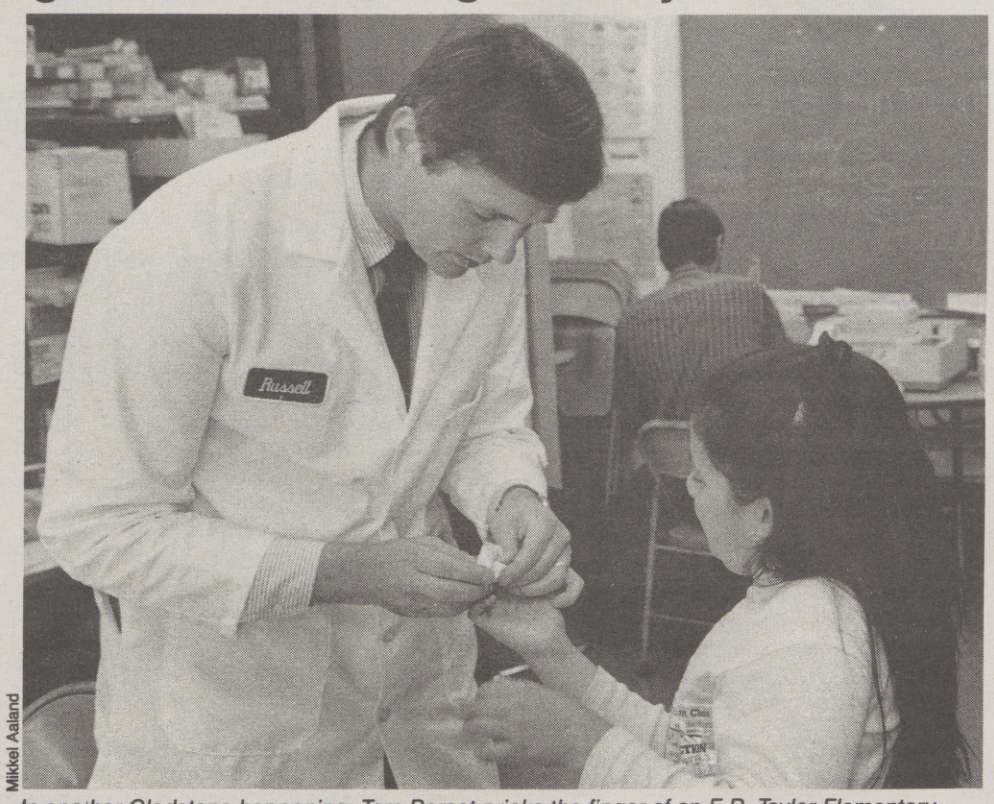
The UCSF-associated Gladstone Foundation Laboratories for Cardiovascular Research and the Lawrence Berkeley Laboratory together have been named one of six new centers set up by the American Heart Association. The goal is to give doctors expertise in the care of patients with cholesterol problems and lipid disorders that increase the risk of heart disease. The center will train some 85 physicians each year from California, Nevada, New Mexico and Arizona.

"The training center will offer practicing physicians the opportunity to become experts on cholesterol and thereby deliver the best possible care at the local level," says Thomas Bersot, UCSF associate professor of medicine. "We feel this will help hasten the decline of heart disease." Program participants also will serve as teachers and consultants about cholesterol problems in their home communities, he adds.

Bersot, a scientist at the Gladstone Laboratories based at SFGH, and H. Robert Superko, research scientist at the LBL Research Medicine Division and clinical assistant professor of medicine at Stanford, will co-direct the training program.

Both the Gladstone Laboratories and LBL have been engaged in key areas of basic research in coronary artery disease, Bersot points out, such as studies on the role of cholesterol in the start and progression of atherosclerosis, "hardening of the arteries." The creation of the training center provides a chance for investigators to adapt the latest research findings to the clinical care of patients, he says, rapidly disseminating new findings to doctors enrolled in the program.

The national lipid disorders training program is coordinated by the American Heart Association, with support from Bristol-Myers Squibb Pharmaceutical Group.



Mikkel Aaland

In another Gladstone happening: Tom Bersot pricks the finger of an E.R. Taylor Elementary School student as part of a cholesterol awareness program. The testing, which was done last Thursday, is part of a program called SPIN (Special Program in Nutrition), devised by the Gladstone Labs to educate children and their families about diet and health.

Boyer Wins National Medal of Science

Herbert W. Boyer, co-discoverer of the gene splicing technique that revolutionized biological research, was honored on November 13 with the nation's highest award in science, the National Medal of Science.

President Bush presented the medal at a White House ceremony to Boyer, a professor of biochemistry, and 19 other scientists. Ten scientists and engineers also were awarded the National Medal of Technology, which Boyer received last year.

The National Medal of Science is given annually by the President to recognize individuals for their contributions to knowledge in the physical, biological, mathematical, engineering, social or behavioral sciences.

President's Cancer Panel Meets Dec. 7

There will be a public meeting of the President's Cancer Panel on Friday, December 7, from 9 a.m. to 12:30 p.m. in Cole Hall. Entitled "Fundamental Research on Cancer: Progress & Issues," the lectures and discussion will be hosted by UCSF's J. Michael Bishop and Harold Varmus, with participants Armand Hammer, chair of the President's panel; Samuel Broder and Edward Sondik of the National Cancer Institute; Chancellor Krevans; Dean Joseph Martin; and UCSF scientists Bruce Alberts, Robert Cohen, Doug Hanahan, Ira Herskowitz and Claudia Landis.

New John A. Kerner Professorship Focuses on Women's Cancers

UCSF has established a new professorship focusing on women's cancers to honor John A. Kerner, a distinguished leader of the San Francisco medical community and former chief of ob/gyn at Mount Zion Medical Center of UCSF.

The professorship will be awarded to a promising individual who has expertise in the research and patient care aspects of women's cancers. The Kerner Professor will be based at Mount Zion and will have a faculty appointment on campus in the Department of Ob/Gyn & Reproductive Sciences.

Kerner's interest in women's cancers began during his residency studies at UCSF with Herbert F. Traut, then chair of ob/gyn. Traut was one of the developers of the "Pap smear," a test widely used to detect cancer of the cervix.

"I want the Mount Zion-UCSF partnership to be a success, particularly in the area of cancer treatment and research, a lifelong interest of mine," says Kerner.

During his 40-plus years in private practice Kerner delivered more than 2,000 babies and won a loyal following of grateful patients. Together with Kerner's colleagues and family members, they provided money to establish the John A. Kerner Fund at Mount Zion, which is being used to fund the professorship.

From 1966 to 1980, Kerner served as Mount Zion's chief of ob/gyn, and from 1975 to 1976 as chief of the medical staff. At Mount Zion, he was instrumental in helping to establish an alternative birth center, one of the first in the country. In addition to his many duties at Mount Zion, Kerner holds the position of clinical professor at UCSF. Until recently he served as chair of the Clinical Faculty Advisory Committee of the ob/gyn department, which involved integrating and coordinating the activities of community physicians who teach part-time at UCSF. Kerner earned his MD degree from UCSF in 1943.

$68M for Tobacco-Related Disease Studies

Grants totalling $68 million have been awarded by UC's Tobacco-Related Disease Program to California researchers investigating the causes, prevention and treatment of tobacco-related diseases. Out of that amount, nearly $13 million went to 33 UCSF researchers. The grants are the first from part of the funds generated by Prop 99, the tobacco tax which began in January of this year. Above, John Kane (center), one of the UCSF grantees, explains his research to reporters in his lab immediately following a press conference on campus announcing the funds.

Tim Haskett Meets His Benefactress

Tim Haskett (left), a master's student in the Department of Physiological Nursing and one of two recipients of the 1990-91 Lillian Swacina Scholarship, had the opportunity to meet his benefactress (right) at a luncheon in her honor recently. Swacina, who is not a nurse, established the scholarship in 1982 because of her respect for the profession. Haskett, a resident of McKinleyville, CA, is specializing as a gerontological nurse practitioner. Also pictured is Haskett's faculty advisor, Carole Deitrich. Hilda Sielicki, a master's student in the Department of Family Health Care Nursing, is the other recipient of the scholarship this year. (Meanwhile, Haskett received another scholarship, the prestigious Mary Opal Wolanin Scholarship for geriatric nursing.)

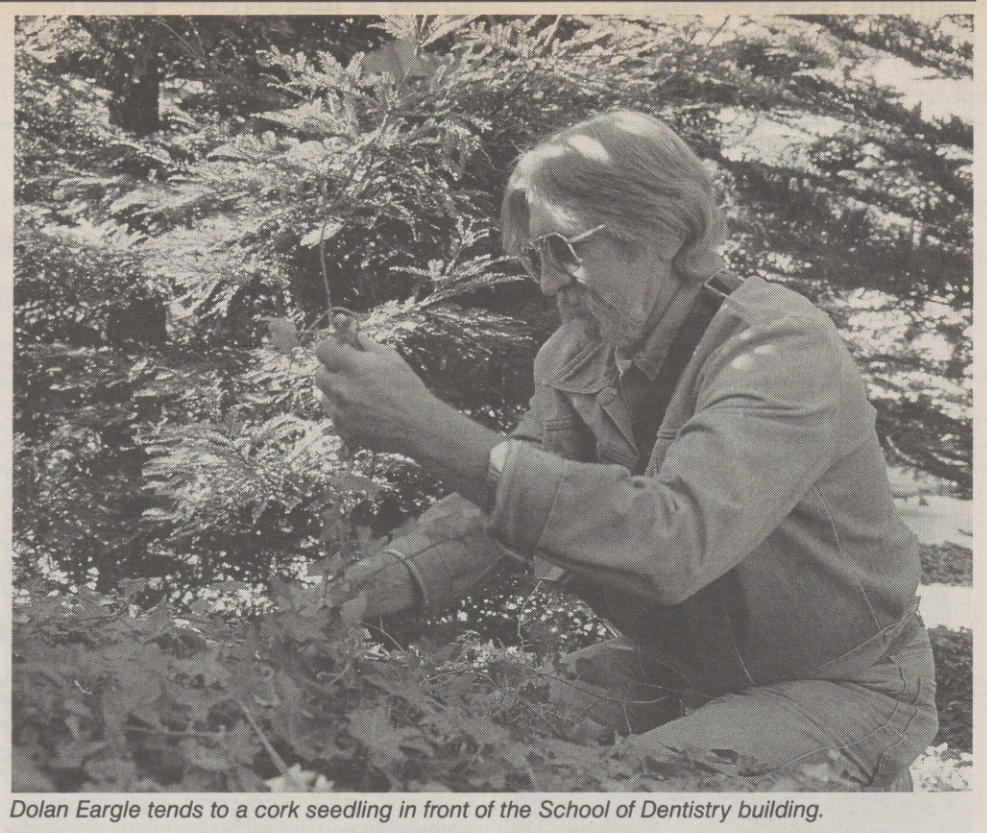
Banner Year for News Services

It's been another award-winning year for the campus News Department. Late last month the AAMC (Association of American Medical Colleges) awarded the *UCSF Magazine* the Award of Distinction in Publications for External Audiences for the 125th Anniversary issue (January '90), while Robert Sanders received the Excellence in Medical Science Writing award for his article on "Cell Cycles" in that same issue. Assistant Chancellor Michela Reichman is editor of the *UCSF Magazine*; Jeff Miller is managing editor.

Also at the AAMC luncheon, Mark Jordan of Alumni Affairs won the Award of Distinction for Alumni Programs for the Founders Day program.

Robert Sanders also joined his colleagues in the News Department for an award from CASE (Council for the Advancement and Support of Education). Sanders, along with Andy Evangelista, Corinna Kaarlela, Alice Trinkl, Pat Forsyth, Sandy Hecker and news director Carol Fox took the Gold Medal in Research Coverage and the News Media and the silver medal in Excellence in News Writing. The *UCSF Magazine* also won a silver medal for excellence in periodical writing.

Finally, UCSF's 125th Anniversary's TV spots created by the agency of Goodby, Berlin & Silverstein won a coveted Clio Award (often referred to as the Academy Awards of the ad industry). The ads, with the theme "And Still No Sports," featured the likes of Nelson Artiga, head of the SFGH Dental Clinics; clinical nurse specialist Carol Viele; and parasitologist C.C. Wang.



Dolan Eargle tends to a cork seedling in front of the School of Dentistry building.

Meet "The King of Cork"

If you happened to be listening to National Public Radio's "All Things Considered" the other day, chances are you heard a story about a man called "Johnny Cork Seed" or "The King of Cork." Lo and behold he's right in our own Parnassus back yard. His name—Dolan Eargle.

Eargle has been an assistant research chemist in George Kenyon's lab since 1973. Sure he enjoys studying enzymes, but his true passion is cork. "It all began when I was teaching chemistry at the University of Coimbra in central Portugal," Eargle says. A traveler and adventurer at heart, he spent a lot of time poking around in the countryside amidst castle ruins and the like, where he became aware of Portugal's abundance of cork. In fact, it is the world's leading grower of the cork oak, *Quercus suber*.

Returning to California, he noticed that the land here is very similar to that of Portugal, and soon found out that cork could grow here. He founded Trees Company, formally marking his venture into cork production.

Eargle has spent some 10 years boning up on cork-oak husbandry, not to mention germinating acorns, and nurturing and planting some 2,000 seedlings all over Northern California, including a few right here on campus.

But, why cork? "Sure the wine industry certainly benefits from having a lot of cork, but it's much more than that," says Eargle, "it's ecologically sound." He explains that cork can be substituted for plastics in such products as insulation panels, bottle-lid liners, floor and ceiling tiles, all of which now are made of former oil instead of former bark.

"This country is choked with pollution and short on oil," Eargle says. He thinks our country will be craving cork within the next 20 years, just about the time it takes a California live oak to reach its first harvest.

Besides being an enzymologist, adventurer and cork grower, Eargle also is an author. His book *The Earth is Our Mother: A Guide to the Indians of California, Their Locales & Historic Sites* now is in its third edition. The publisher? Eargle himself, of course, under the name of Trees Company Press.

Nominations Sought for MLK Awards

Nominations now are being sought for the Dr. Martin Luther King, Jr. Awards to be given during MLK Week, January 15-22. Three awards are given annually—one each to a faculty member, a staff member and a student. Chancellor Krevans is sending a letter to deans, directors, department chairs and administrative officers seeking nominations. For further information, including a full list of criteria, call Pauline in the Affirmative Action Office, 476-4752. Deadline for submissions is Wednesday, January 9, by noon.

Meanwhile, a variety of exciting events is planned for MLK Week, including a large cultural festival on Wednesday, January 16, and singer/dancer Rachel Bagby on Thursday, January 17.

The MLK Awards will be given by the Chancellor on Tuesday, January 22, at a special afternoon reception in Millberry Union. See future issues of *Newsbreak* for more details.

Crime Prevention *(continued)*

always place purses, handbags, wallets, and other valuables in locked and secured desks, cabinets or closets.

- Never leave your office unattended. Lock the door when you leave, even if it's just for a few minutes.
- Be alert for people who may try to take advantage of the holiday mood, a reduced workforce and people's general inattention to outsiders. If you see people in places you think they shouldn't be, call the Police Department at 476-1414.
- Don't broadcast to everyone when you will be away from your office during holiday vacation.
- Notify the Police Department when you are working late in the office so officers can periodically check in on you.
- Use the campus security shuttle for getting to your car or home. Call 476-1414 to find out the schedule and the shuttle boundaries.

At home and shopping:

- Always lock your doors and windows. More burglaries happen during the day than at night.
- Make your house look occupied when you are not there by using an automatic timer for lights, TV, radio.
- Never display gifts where they can be seen from a window or doorway.
- When you are shopping, always park in well-lit areas, and lock packages in the trunk of your car. Have your keys in hand when you return and check the interior of your car before getting in. Don't carry too many packages and always try to keep one arm free. Don't put all your cards in the same place when you shop.
- Be extra careful with purses and wallets. Carry your purse tightly under your arm or underneath your coat. And don't leave it unattended, not even for a minute.
- Immediately after the holidays, mark large, expensive gifts with your CA driver's license. Etch it in two locations—one hidden, one visible. Marked property is difficult to dispose of and easier to recover if stolen.
- If you drink, don't drive.

More holiday safety tips:

- Never display large amounts of cash. Use checks and credit cards when possible. Keep credit cards and ID in a safe place.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover December 15-January 11, 1990 (four weeks), will be on **Tuesday, December 4, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541 or 476-2557.

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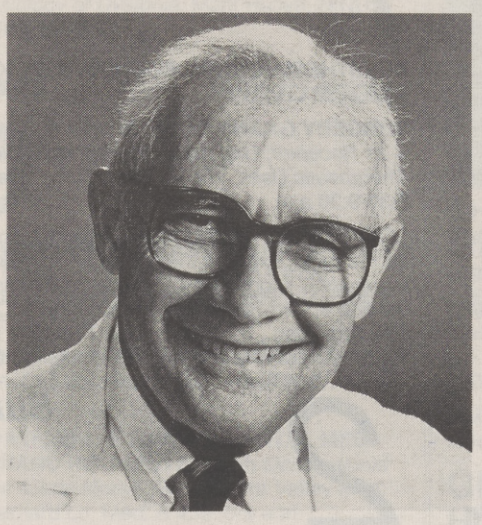
Gazette

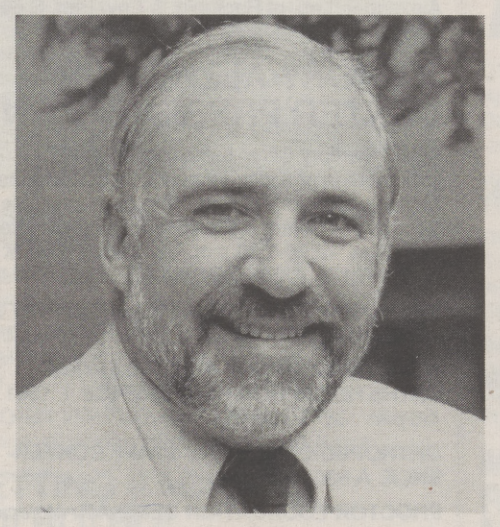
Honors & Awards



Feigenbaum

Lawrence Z. Feigenbaum: Honored on November 13 at a retirement celebration to recognize his 37 years of contributions to Mount Zion Medical Center and the community as a physician, teacher and researcher. A UCSF alumnus, Feigenbaum was instrumental in developing two collaborative efforts between UCSF and Mount Zion: the joint Center for Aging Services Research and the Center for Biomedical Research. He also helped develop an adult day health center and the second fellowship program for geriatric medicine in the US at Mount Zion. A clinical professor of medicine at UCSF, Feigenbaum was the first associate dean of interinstitutional programs for UCSF at Mount Zion and a director of the San Francisco Institute on Aging.

Edward J. Goetzl: Presented the National Center of the American Heart Association's annual research lecture titled "Multisystem Effects of Neuropeptides" in Dallas on November 10. Goetzl is the Robert L. Kroc Professor of Rheumatic Diseases; professor, microbiology/immunology; director, allergy & immunology.



Neff

William Neff: Received the Teaching Excellence Award from the College & University Personnel Association during its national convention in New Orleans for outstanding teaching preparedness, creativity, excellence and professionalism in higher education human resource management. He also has been inducted into the Academy of that association. Neff is assistant vice chancellor, labor relations.

Leonard B. Kaban: Appointed to the editorial board of the *Journal of Oral & Maxillofacial Surgery.* Kaban is professor & chair, oral & maxillofacial surgery.

Donald A. Vessey: Chosen as an editorial advisor for the *Biochemical Journal.* Vessey is adjunct professor, biochemistry & pharmacology; associate research career scientist, VAMC.

Malone

Ruth E. Malone: Winner of the Lucy C. Perry Scholarship from Nurses' Educational Funds. Malone is a first-year doctoral student, physiological nursing.

Merle A. Sande: Elected president, Infectious Disease Society at their national meeting in Atlanta in October. He will serve four years beginning immediately as vice president, then progressing to president-elect, president and past president. Sande is professor, medicine; chief, medical services, SFGH.

Appointments

Tom Ferentz

Slaughter

Robert E. Slaughter: Named associate director, Office of Research, School of Nursing. He came to UCSF in 1982 as a project evaluator and helped develop a series of computerized clinical simulations in acute care nursing. He designed the School's computer network and, with colleagues at the Office of Research, developed the School of Nursing's computer classroom, where he teaches computing courses as well as computer application workshops. Slaughter plans to enhance the research productivity and competitiveness of the School by augmenting and strengthening the resources offered by the Office of Research.

In Memoriam

Harold C. Hodge: A pioneer in the use of fluoride to prevent dental caries, this emeritus pharmacology professor joined the School of Dentistry after his retirement from the University of Rochester in 1970. Hodge taught toxicology and oral biology while continuing his research on fluoride metabolism until his retirement from UCSF in 1984. An influential educator and researcher, his early research focused on the physical and chemical properties of enamel, dentin, cementum and bone, while his later research focused on fluoride metabolism and toxicology in humans and animals. After its safety was proven, Hodge gave many hours of his time testifying in support of communal water fluoridation. He was a fellow of the American College of Dentists and a founder and past president of the Society of Toxicology.

Gary McDonough: As manager of administrative services for the Howard Hughes Medical Institute, he was the liaison for the Institute, HHMI national headquarters, UCSF and the city, overseeing purchasing, human resources, budgets, renovation projects, health & safety and more. McDonough came to UCSF in 1986 after 13 years as an administrator at Stanford. An opera and theater lover, he also was the original owner/builder/partner of Cafe Flore and the Caracole (now the Metro) in the Upper Market. Memorial donations may be sent to Laguna Honda Hospital, AIDS Hospice, 375 Laguna Honda Blvd., SF 94116.

AIDS Dance-a-Thon December 2

Imagine this: It's late Sunday afternoon, December 2. You're at the new San Francisco Fashion Center. Over 1,000 people are there, including a slew of celebs. There's this tremendous camaraderie, and you're all dancing, having a great time. And you're all benefiting a great cause.

Sound like fun? Well, it can be reality just by joining "Taking Steps," the fourth annual dance-a-thon to raise money for the fight against AIDS.

Here's how it works. First of all you must register. If you want to do this as an individual, call 863-0888. But, if you want to join a UCSF team, call Brenda Patterson at 476-8055. (This doesn't mean you have to dance with your boss, it just means UCSF gets credited as a team member.)

Then ask your friends, family, even casual acquaintances if they would like to sponsor you for each of the five hours. Raise as much money as you can. Due to space limitations $75 of collected pledges must be turned in during the sign-in the day of the event in order to participate. Last year's event raised an average of $183 each.

Then on December 2 go to the Fashion Center at 699-8th Street and dance your . . . shoes off. Sign-ins begin at 3 p.m., dance is from 4 to 9 p.m.

Gardner Here Dec. 17

UC President David Gardner will be on campus to address UCSF employees on Monday, December 17, at noon in Cole Hall, by invitation of the Chancellor's Staff Advisory Council (SAC). It is likely Gardner will discuss a variety of issues, including the failure of Proposition 143 and UCSF's future. Detailed information will be available in the next issue of *Newsbreak*.

Be a Member of the Band or Chorus

Do you play bass, a woodwind instrument or maybe percussion? The UCSF Band (nonmarching) could sure use you. Rehearsals are in convenient locations at mutually agreeable times. For further information call Bob Antosik at 476-5341.

Can't play an instrument, but can really carry a tune? The UCSF Community Chorus will be holding their next auditions from January 8 to 15 for a spring performance of the Brahms *Requiem*. This is the largest community chorus in San Francisco, boasting some 200 singers. For further information call 566-8096.

Meanwhile, don't forget the UCSF Community Chorus will hold their Christmas concert on Friday and Saturday, December 7 and 8. See inside calendar for details.

Annual Food Drive Starts December 3

The next time you go grocery shopping, why not pick up a few extra cans of soup, or a box of oatmeal, or maybe a few jars of peanut butter. Then, bring those items to campus beginning Monday, December 3, to be part of the Third Annual Corporate Challenge Food Drive.

Collection barrels will be located all over campus and at off-campus sites during the first two weeks of December. The food will be collected by the San Francisco Food Bank and distributed to more than 200 human service agencies, which provide nearly 11,000 meals each day for the homeless, people with AIDS, senior citizens and families in crisis.

For the last two years UCSF has been among the top five corporate donors in the city. Campus participation in the Food Drive is being coordinated by the Chancellor's Staff Advisory Council (SAC). For further information call Chris Yee at 476-5683 or Elly Shimosaka at 476-2800.

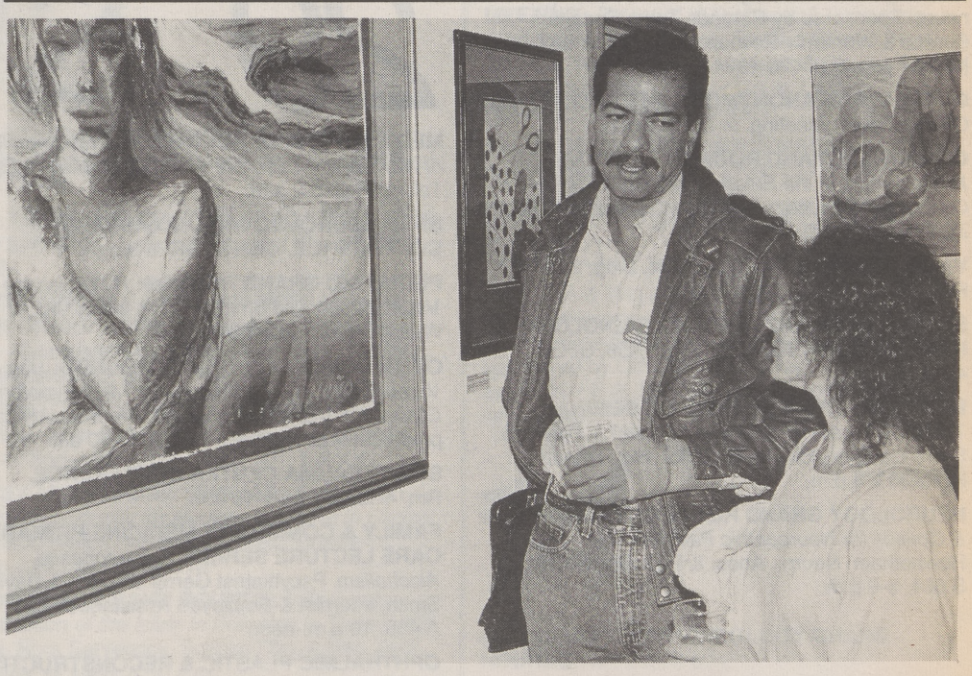
Film Premiere to Benefit UCSF Neuropsychiatric Assessment Clinic

The UCSF Neuropsychiatric Assessment Clinic and the California Parkinson's Foundation will co-host the Northern California gala premiere of the film "Awakenings," on Wednesday, December 19, beginning at 7 p.m. at the Northpoint Theater, 2290 Powell Street.

The film stars Robert DeNiro and Robin Williams in a true story based on a book by Dr. Oliver Sacks on patients who have been frozen in a Parkinson's-like state for decades.

Proceeds from the benefit will go toward the UCSF Neuropsychiatric Assessment Clinic, which provides outpatient evaluation of individuals who have cognitive, emotional or behavioral problems associated with either known or suspected brain disorders. The clinic is directed by Jonathan Mueller.

A champagne buffet and reception will precede this black-tie premiere. Tickets for this premiere screening and party are available at $75 each by calling 476-7140.



Campus Van Goghs

Anthony Nuno from Educational Media Resources discusses his painting with colleague Esther Moncharsh at the very popular second annual Faculty/Staff Art Show held last Monday and Tuesday. Forty members of our staff and faculty displayed their oils, watercolors, photography, prints, acrylics, mixed media, and the like.

Today/Tomorrow

26 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next three weeks:

- Nov. 26-30: UCSF/Laurel Heights. 3333 California St., in parking lot on left.
- Dec. 3-7: Embarcadero. On Drumm St. between Sacramento & Clay Sts.
- Dec. 10-14: Taraval St. Between 17th & 18th Aves.

A $50 mammography screening also is available at the Mount Zion radiology department. Call 885-7710.

OTOLARYNGOLOGY GRAND ROUNDS: *AIDS Update in Otolaryngology.* C. Daniel Sooy, Kaiser, Santa Rosa. *AIDS Risks to Healthcare Workers & Post-Exposure Prophylaxis.* Julie L. Gerberding, Med., SFGH. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

LABORATORY MEDICINE GRAND ROUNDS: *The Epidemiology of HTLV-II Infection: A Virus Without a Disease.* Edward L. Murphy, Lab. Med. L 535. 4-4:50 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

27 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: Resident's Forum. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-9:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

TRANSFUSION RESEARCH FORUM: *Genetic Variations & Replication of HBV.* Hubert Blum, Med., Mass. Gen. Hosp. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS: *Labor Management.* Russell K. Laros, Jr., Ob/Gyn. S 1364. 9 a.m.

HOME CARE OPEN HOUSE

The Mount Zion/UCSF Home Care program invites everyone to enjoy a tour & refreshments while discovering why home care is such a growing concern. Hellman Bldg., 5th fl., Mt. Zion. 9-11 a.m. (See story on page 8.)*

BAY AREA WOMEN IN THE MARKETPLACE: Sue Scott, president, Primal Light Innovative Lighting, presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

GERIATRIC GRAND ROUNDS: *Total Knee Replacement in the Elderly.* Thomas Sampson, Orthosurg. & Student Hlth. Serv. Herbst Hall, Mt. Zion. Noon-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Three-Dimensional Structure of SV40 & Polyoma.* Steve Harrison, Biochem. & Mol. Bio., Harvard. HSW 301. 4 p.m.

NEUROLOGY GRAND ROUNDS: *Antidepressants & Opioids for Neuropathic Pain.* Michael Rowbotham, Neuro., Anes. & Pain Mgmt. Cntr. S 664. 5-6 p.m.

*Open to the public.

28 Wednesday

PLASTIC SURGERY GRAND ROUNDS: D & C Conference. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Health Policy: Alcohol, Tobacco & Firearms.* Andrew McGuire, Trauma Fndt., SFGH. SFGH, Bldg 30, 5th fl. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Photophoresis.* Bruce Wintroub, Derm. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *An Update on Lp(a).* Angelo Scanu, Med., U Chicago. M 1486. 8:30 a.m.

NUCLEAR MEDICINE SEMINAR: *Gallium Scan & Myocarditis.* Michael W. Dae, Rad. & Med. LPPI Aud. 8:30 a.m.

WORLD AIDS DAY INFORMATION

SFGH commemorates World AIDS Day on Dec. 1 with three days of informational displays & tables on risk assessment & reduction, condoms, pieces of the Names Quilt & more. This year's focus is Women & AIDS. Main Hosp. Lobby & Outpatient Dept. Lobby, Main Bldg., SFGH, 1001 Potrero. 9 a.m.-4 p.m.*

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Sleep Disorders: Causes & Treatment.* Jerrold A. Kram, Med. & Sleep Disorders Clin., Stanford. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Women & Leadership.* Carol C. Nadelson, Acad. Aff. & Div. Training & Educ., Psychr., Tufts U. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Molecular & Genetic Analysis of the Drosophila Olfactory System.* John Carlson, Bio., Yale. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

UROPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: *Salivary Gland.* Linda Ferrell, Path. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Work, Pregnancy, Intimacy & Changing Roles.* Psychologist & author Libby L. Coleman leads discussion for the fifth in the six-part series "Working Pregnant." $5 individual/couple. MU Conf. Cntr. 7-9 p.m. Call 476-6667.*

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

29 Thursday

MEDICINE GRAND ROUNDS: *The Epidemiology of AIDS & HIV Infection.* Alan Lifson, Med. & Epid. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *H. Influenzae B Virulence.* Arnold Smith, Ped. & Infec. Dis., U Wash. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Use of Vitreous Surgery Techniques to Treat Hypotony & Glaucoma.* Marco Zarbin, Oph. Preceded by case presentations: *Retina.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Approaches to Alcoholism.* Pscyhiatrist Gerritt Blauvelt & David Smith, Internist & Employee Assistance Rep. A 455. 10 a.m.-noon.

OPHTHALMIC PLASTIC & RECONSTRUCTIVE SURGERY: *Orbital Tumors.* Devron Char, Oph., Rad. Onc. & Ocular Onc. Unit. Eye Clin. Conf. Rm., 7th fl., ACC. 10:30-11:30 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *Gene Knockout: A Strategy for Studying Development.* Caroline Alexander, Lab. of Radiobio. & Env. Hlth. S 664. Noon.

MEMORY/ALZHEIMER CENTER PRESENTATION

UCSF Memory Clinic & Alzheimer Center presentation provides an overview of Alzheimer's Disease, care for patients, resources available through the Center & the community and more. LPPI Aud. 12:30-1:30 p.m. Call Robyn Yale at 476-7606.*

NEUROSURGERY GRAND ROUNDS. HSW 302. 4-5:30 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PROCTOR FOUNDATION SEMINAR: *Molecular Diagnostics by PCR or Clinical Testing in the Next Generation.* Farid Chahab, Lab Med. S 318. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Management of Urinary Tract Infections & Pyelonephritis.* Richard Jacobs, Rad. A 455. 4:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS: *Pulse Field Gel Electrophoresis: Possible Application to the Clinic.* Rosemary Wong, Rad. Onc. Res. Lab. L 34. 5 p.m.

COLE HALL CINEMA: *Days of Thunder.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

ESTATE & FINANCIAL PLANNING SEMINAR: *Tools for Estate Planning.* Marita K. Marshall, attorney, Bronson, Bronson & McKinnon, discusses wills & living trusts, plus titling, retirement plan benefits & taxes. The UCSF Foundation invites alumni, faculty, staff & friends to attend. MU Conf. Cntr. 7-9 p.m. Call 476-1475.*

KEYS TO FITNESS

Radiologist & exercise physiologist D. Joy Cavanaugh discusses frequency, intensity, duration & modes of exercise. Community Hlth. Talk sponsored by Off. Pub. Serv. Prog. Free parking available. HSW 300. 7-8:30 p.m. Call 476-3206 for information.*

30 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

CRANIOFACIAL ANOMALIES PANEL. Toland Hall. 9 a.m.-noon.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Language as a Reflection of Thought & Action.* Lily Wong Fillmore, Language & Lit. Div., UCB. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *Cells on Silicon: Bioassays with a Micro-physiometer.* John Owicki, Cell Res., Molecular Devices Corp. S 1364. 11 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Break Negative Relationship Patterns.* Rev. Laura Hopper, Church of Natural Grace. N 721. Noon. Call Marie Lehrer at 476-3939 for information.*

SFGH SEMINAR SERIES: *Tumorigenicity of Rous Sarcoma Virus* In Ovo *& in Chickens: Role of Wound Healing & Transforming Growth Factor-Beta.* Mina J. Bissell, Cell & Mol. Bio. Div., Lawrence Berkeley Labs. Carr Aud. 1 p.m.

COLE HALL CINEMA: *Days of Thunder.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m.*

1 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Interferon Gamma & Its Receptor: Understanding the Molecule & Its Therapeutic Uses.* Verna Gibbs, Surg. Toland Hall. 8:30-9:30 a.m.

LOW VISION FORUM: Anita Baldwin, Lighthouse for the Blind, explains their services & seeks comment & suggestions. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnussus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for more information.*

2 Sunday

DANCE YOUR FEET OFF TO FIGHT AIDS

Taking Steps. The 4th annual dance-a-thon to raise money for the fight against AIDS. To register as an individual, call 863-0888. To register as part of the UCSF team, call 476-8055. SF Fashion Cntr., 699 8th St. 3-9 p.m. (See story on page 3 for details.)*

3 Monday

ART FOR THE WINTER

Paintings & prints by Louis LaBrie on display from Dec. 3-Feb. 28. Reception for artist Thurs., Dec. 6, 5:30-8:30 p.m. Call 476-4723 for information.*

OTOLARYNGOLOGY GRAND ROUNDS: *Facial Nerve Testing.* Jeffrey A. McKenna, Oto. *Laser Applications in Otologic Surgery.* Allan J. Nissen, CA Ear Inst. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 8:30-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

LABORATORY MEDICINE GRAND ROUNDS: *The Significance of Cytogenetic Diversity in Human Cancer.* Fred M. Waldman, Lab. Med. L 535. 4-4:50 p.m.

URORADIOLOGY CONFERENCE. M 646. 5-6 p.m.

4 Tuesday

ORTHODONTIC/ORTHOGNATHIC COMBINED CONFERENCE: *Management of Alveolar Cleft.* Leonard Kaban, Oral & Max. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Pain Management in Children.* Maurice Zwass, Anes. Carr Aud., SFGH. 8:30-9:30 a.m.

GERIATRIC GRAND ROUNDS: *Constipation.* Michael Knauer, Stanford. LPPI Aud. 8:30-10 a.m.

TRANSFUSION RESEARCH FORUM. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS: *MRI & Reproductive Medicine.* Hedvig Hricak, Rad. & Uro. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

AMNESTY BAKE SALE

Campus Amnesty Intl. table will be set up for a bake sale & signing of letters on behalf of prisoners of conscience. Med. Sci. 2nd fl. lobby. Noon-1 p.m. Call David Campbell at 476-2335.*

BROWN BAG LECTURE SERIES AT MOUNT ZION: *Preparing for Change: Understanding Menopause.* Laurel Dawson, Int. Med. Herbst Hall. Noon. Call 476-4394 for information.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 2:30 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *The Role of Activin B in Embryonic Induction & Axial Patterning.* Doug Melton, Biochem. & Mol. Bio., Harvard. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

Nov. 24-Dec. 14, 1990

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *New Twists in the Physiology of Dystonia.* Mark Hallett, NINDS, NIH. S 664. 5-6 p.m.

5 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Thomas Hunstman, Joseph Keiner, Edmond Ritter & Philip Trabulsy, all Plast. Surg. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Ethics in Occupational Medicine.* Linda Morse, Santa Clara Valley Med. Cntr.; Bernard Lo, Med. A 455. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *The Hormone-Like Action of a Bone Matrix Protein on Monocyte & Osteoclast Recruitment, Proliferation & Differentiation.* Arnold Kahn, G & D. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Be Fit Every Day of Your Life.* Arthur H. White, Ortho. Spine Surg. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Substance Abuse: A View from the Street.* Alex Stalcup, Haight Ashbury Free Clin. Drug Detox. Proj.; Pablo Stewart, Psychr., VAMC & HAFC Drug Detox. Proj. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Embryonic Teratocarcinoma Differentiation as a Model for the Molecular Analysis of Retinoic Acid Action.* Lorraine J. Gudas, Pharm., Harvard. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY SEMINAR: *What Does the Cerebellum Do?* William Mobley, Neuro. M 666. 4:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Work, Fathers, Pregnancy & New Responsibilities.* Psychiatrist Aubrey Metcalf leads discussion for the last in the six-part series "Working Pregnant." $5 individual/couple. MU Conf. Cntr. 7-9 p.m. Call 476-6667.*

SAN FRANCISCO HISTORY CLASS: Meets every Wednesday through Dec. 12. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

OUTDOORS UNLIMITED SLIDE PRESENTATION: *1990 River Expeditions.* This season's OU river expeditions on the Selway, Salmon, Rogue, Green rivers & more. HSW 300. 7:30 p.m.*

6 Thursday

MEDICINE GRAND ROUNDS: *CPC.* Merle Sande, Med. Serv., SFGH. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Towards a Vaccine for AIDS: Promising New Results.* Arthur J. Amman, Ped. & Clin. Res., Genentech. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Mitochondrial DNA Mutations in Eye Disease.* Douglas Wallace, Biochem. Preceded by case presentations: *Cornea.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Insulin Dependent & Non-Dependent Diabetes.* Laurence Gavin, Med., VAMC & Diabetes Clin. A 455. 10 a.m.-noon.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

DON'T MISS THE HOLIDAY DEADLINE

Tues., Dec. 4 is the deadline for items to be listed in the next calendar, which covers **Dec. 15-Jan. 11** (four weeks). They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-1541 or send a fax to 665-8668.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Biliary System CT, MRI & ERCP.* Henry I. Goldberg, Rad. HSW 301. 5:15-6:15 p.m.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

GETTING BACK THE HO! HO! HO!

Taking Out the Bah Humbug & Putting Back the Ho! Ho! Ho! Merri J. Kaas, Clin. Nurse, Behav. Neurosci., & Laura Deering-Mayclin, Clin. Nurse, discuss the feelings & behaviors that make the holidays difficult. Free parking available. UCSF-Laurel Heights Conf. Cntr., 3333 California St. 7-8:30 p.m. Call 476-3206 for information.*

7 Friday

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 8 a.m.

PRESIDENT'S CANCER PANEL MEETING

Fundamental Research on Cancer: Progress & Issues. Public meeting of President Bush's Cancer Panel, with lectures & discussion, hosted by Nobel laureates J. Michael Bishop & Harold Varmus. Participants include Armand Hammer, Panel chair; Samuel Broder & Edward Sondik, Natl. Cancer Inst.; Chancellor Krevans; Dean Joseph Martin; & UCSF scientists Bruce Alberts, Robert Cohen, Doug Hanahan, Ira Herskowitz & Claudia Landis. Cole Hall. 9 a.m.-12:30 p.m.*

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Parasomnias in Children: Diagnosis & Treatment.* Charles Scott, Child Psychr. LPPI Aud. 10:10-11:30 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

DENTISTRY DEAN'S SEMINAR

Concepts & Controversies: The Diagnosis & Management of Temporomandibular Joint Internal Derangements. M. Franklin Dolwick, Oral & Max. Surg., U Florida. C 701. 12:30-1:45 p.m.

UCSF CHRISTMAS CONCERTS DEC. 7 & 8

UCSF Community Chorus & SF Chorale Society perform Vaughn Williams' *Hodie* & other holiday music. Tickets $8 in advance, $10 at door, $5 for children 12 & under. First Congregational Church, Post & Mason. 8 p.m. You can also join the chorus for a sing-along on Dec. 9 at 3 p.m., same location & ticket prices. Call 476-2542.*

8 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Diagnosis, Localization & Treatment of Hyperparathyroidism.* Orlo Clark, Surg., Mt. Zion. Toland Hall. 8:30-11 a.m.

UROLOGY GRAND ROUNDS. HSW 302. 8:30-10:30 a.m. Preceded by case presentations.

SELF DEFENSE CLASS FOR WOMEN

Trisha Brinkman teaches street-wise personal safety, defense & escape methods. $50 general, $25 UCSF affiliates. MU Studio 2. 9 a.m.-4 p.m. Class size limited. Call 476-5222.*

WILLIAM WARE LECTURE

Surgical Management & Long-Term Follow-Up on Temporomandibular Joint Disorders. Frank Dolwick, Oral & Max. Surg., U Florida. Sponsored by Dept. Oral & Max. Surg. MU Conf. Cntr. 9 a.m. Call 476-8226.

10 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Approaching Frontal Sinus Fractures.* Paul J. Donald, Oto., UCD. *Traumatic CSF Leaks.* Lawrence H. Pitts, Neurosurg. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Modelling Transport & Reaction in Multilaminates.* Ronald A. Siegel, Pharm. HSE 733. 12:10-1 p.m.

MEDICINE DEAN'S RESEARCH SEMINAR

Pathogenesis of Thyroid Tumors. Henry R. Bourne, Pharm. & Med. HSW 300. 3:30-5 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 646. 5-6 p.m.

11 Tuesday

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Normal Craniofacial Embryology.* Cynthia Cook, G & D. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Pediatric Electrophysiology of the Heart.* George Van Hare, Ped. Cardio. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Cytotoxic T Lymphocytes in HIV Disease.* Jim Scillian, Lab. Med. L 535. 8:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

OB/GYN GRAND ROUNDS. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

GERIATRIC GRAND ROUNDS: *The Aging Lung.* Ira Tager, Med. & Epid. LPPI Aud. Noon-1 p.m.

BAY AREA WOMEN IN THE MARKETPLACE: Joyce Pringle, president, Pringle & Assoc., management communications, presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 2:30 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Pathobiology of the AIDS Dementia Complex & HIV-I Brain Infection.* Richard W. Price, Neuro., U Minn. S 664. 5-6 p.m.

12 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Nasal Reconstruction.* Joseph Kiener, Plast. Surg. Toland Hall. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Workup of the Chemically Hypersensitive Patient.* Abba Terr, Stanford. SFGH, Bldg. 30, 5th fl. 8-9 a.m.

DERMATOLOGY GRAND ROUNDS: *New Findings from Denmark on Lyme Disease.* Lars Halker-Sorensen, Derm. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *The SPECTacular Opportunity for Nuclear Medicine in Clinical Practice.* Hirsch Handmaker, Rad., Children's Hosp. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *Inflammatory Destruction of the Islets in Diabetes in Transgenic Mice.* Nora Sarvetnick, Scripps Clin. & Res. Fndt., La Jolla. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Understanding the Human Brain.* Stephen M. Sagar, Neuro. HSW 300. Noon-1 p.m. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

SMALL, DISADVANTAGED, WOMEN-OWNED TRADES

Purchasing reps from UCSF & other professional schools encouraged to attend this trade show with reps from small, disadvantaged & women-owned business who will display & discuss their products & services. MU Gym. 10 am.-3 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PSYCHIATRY GRAND ROUNDS: *The Impaired Physician.* William S. Brostoff, Med. & Ross Hosp. Chem. Dep. Serv. LPPI Aud. 1-2 p.m.

SEMINARS IN BIOLOGY: *Homologous Recombination in ES Cells: From Gene Disruption to Subtle Mutation.* Allan Bradley, Mol. Gen., Baylor Coll. Med. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

UROPHYSIOPATHOLOGY UROLOGY CONFERENCE. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: Resident Case Presentations. HSW 508. 5:30-6:30 p.m.

SAN FRANCISCO HISTORY CLASS: Last meeting. Led by Charles Fraccia, SF Historical Society. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for information.*

13 Thursday

MEDICINE GRAND ROUNDS: *Over the Hill: Laguna Honda Hospital in the '90s.* Mary Anne Johnson, Med. & FCM. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Insulin-Like Growth Factors: Current Concepts & Implications for Pediatric Oncology.* Stephen M. Rosenthal, Ped. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

WOMEN'S RESOURCE CENTER FORUM: *Snakepower: Images of Ancient Female Shamanism.* Author Vicki Noble presents a lecture & slide show on sacred women from around the world. Toland Hall. Noon-1 p.m. Call 476-0400 for recorded program information.*

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Fetal Skeleton: Normal & Pathologic.* Roy A. Filly, Rad. & Ob/Gyn. HSW 301. 5:15-6:15 p.m.

PLASTIC SURGERY LECTURE/DINNER MEETING: *Potpourri of Problems & Interesting Cases from Marin County.* Roland Minami, Keith Denkler, Terry Hand, John Manis & Stanley Poulos, all private practice. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3061.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

GOT THOSE WINTERTIME BLUES?

Christmas & Wintertime Blues. Louann Brizendine, Behav. Neurosci., discusses diagnosis & treatment of wintertime depression. Community Hlth. Talk sponsored by Off. Pub. Serv. Prog. Free parking available. HSW 300. 7-8:30 p.m. Call 476-3206 for information.*

14 Friday

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 8 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 10:10-11:30 a.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

Benefits/Personnel

New Program Means Money in Your Savings

Because of the financially fit condition of the UC Retirement Plan (UCRP), the University is picking up the entire amount for the time being. The amount that previously was your mandatory employee contribution to the plan is now being deposited into your own tax-sheltered savings account, similar to a 403(b) account. (If you belong to the 403(b) plan, these new contributions do not affect the 403(b) $9,500 maximum.)

This program, called the "UCRP Combo Plan," went into effect with November earnings, so it will reflect in your December 1 paycheck for those paid monthly. Presently these "redirected contributions" will be invested in the Saving Funds, but as soon as a system is set up for it, you will be able to redirect your savings into any of the UC-managed funds (listed in the adjacent "How Are the Funds Performing?").

Also note that the program will last as long as feasible. Should UCRP reach a point where employee contributions are required again, then things will go back to the way they were before. (The amount accumulated in your new account will stay separate and remain yours.)

This program was explained in the "Employee Benefit Update" you should have received in your home mail recently. If you didn't receive it, call the Benefits Office at 476-4741 for a copy, and look for further information here and in your home mail.

President's Fellowship Nominations

The UC President's Fellowship Program, aimed at increasing the number of minority and women faculty, is accepting applications for the 1991-92 academic year. UC awards some 20 new fellowships each year, which may be renewed for a second year. Each fellow receives a stipend ranging from $25,000 to $28,000 plus health benefits and $4,000 for research-related expenses. All fellows work with faculty mentors. Deadline for submissions is Saturday, December 15. For further information write: Jane A. Gonzalez, UC President's Fellowship Program, 300 Lakeside Dr., 18th fl., Oakland, CA 94612-3550.

Open Enrollment Ends November 30

If you're planning to make changes in your medical, dental, optical, legal, dependent life and/or Depcare enrollment status, keep in mind that next Friday, November 30, at 5 p.m. is the deadline for getting your forms turned in to the campus Benefits Office at 145 Irving Street, Box 0918; or Campus Accounting at MCB, Box 0812. See your department's benefits rep for forms and assistance.

How Can I Find Out What the Plus 5 Early Retirement Program Means for Me?

As many as 700 people at UCSF may be eligible to take advantage of the "Plus 5" early retirement incentive program. Those eligible include members of the Academic Senate whose age and University service total at least 80 by July 1, 1991; and all other faculty and staff employees whose age and service total 75 (as long as they have not already received any UCRP benefits).

As you can imagine, the Benefits Office has been fielding quite a few questions about the program, both from potential retirees as well as from department managers and supervisors trying to answer questions for staff members. Benefits' Mary Kahn has forwarded some of the most popular questions:

When and how can I learn more about the Plus 5 Program?

In mid to late January, those who are eligible for Plus 5 will receive a package from the Office of the President containing personalized information on what the benefit will be for each individual.

Once the information has been mailed, staff from the President's Office and the campus Benefits Office will conduct meetings to discuss the details of the plan and the procedure for applying. During February and March, faculty and staff will be able to meet with a retirement counselor, and if interested, complete and submit the Plus 5 retirement forms.

Meanwhile, the campus Benefits Office has scheduled meetings in December to provide general information and answer general questions:

- Thursday, December 6—noon to 1 p.m. in Toland Hall.
- Tuesday, December 11—5:30 to 6:30 p.m. in Toland Hall.
- Monday, December 17—noon to 1 in Toland Hall.

If I plan to retire under Plus 5 on April 1, shouldn't I submit my application soon?

No, applications cannot be submitted until after the information from the President's Office is received. The systemwide office is prepared to process the Plus 5 applications within a short time period.

I took a refund of my retirement plan contributions when I left UC before. Does that earlier service count toward my eligibility for Plus 5?

If you haven't redeposited those funds in UCRP or PERS since returning to UC employment, that service will not count toward any retirement benefit, including Plus 5. Call the Benefits Office at 476-4741 if you want more information about a re-deposit. Be sure to leave both your day and evening phone numbers.

May I establish service credit for any period I was on a leave of absence without pay in order to have that service count toward qualifying for Plus 5?

Yes, you may establish service credit for any period of approved leave without pay, and this service will count toward qualifying for Plus 5.

Does sick leave count toward qualifying for Plus 5?

No. Those who retire under Plus 5 will receive additional service credit based on the accrued sick leave balance, just as all retirees do. However, accrued sick leave will not be used to determine if someone is eligible for Plus 5.

I think I may qualify for Plus 5, but I'm not sure. How can I find out?

Call the Benefits Office at 476-4741 and leave your name and day and evening phone numbers.

19 Get Rewards for Perfect Attendance

It's quite an accomplishment to be able to come into work every day for a full year and take no sick days. In fact, Capital Resources Management thinks it's so great they reward their employees for this kind of perfect attendance. "To show how much that means to the department," says management services officer Diane McGee, "the employees were treated to a dinner [with a guest] at Yet Wah, certificates of appreciation, plus t-shirts proudly stating their accomplishment." Showing off their muscle and might are: (left to right bottom row) Sylvia Luong, Florentina Basas, Sandy Lau; (second row) George Clark, Jose Castaneda, John Ho; (third row) Bienvenido Calagui, Chi Yui Hui, Hai Wu; (fourth row) Jose Flores, Margarito Franco, Huan Li, Hua Ye Ruan; (top row) supervisor Diane McGee, Robert Sullivan and Demitri Williams. Missing: Dorothy Chavez, James Brooks, Manuel Cote, Charles Radcliff.

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Jamal Adam, project assistant I, psychiatry.

Robert Andrews, superintendent, physical plant.

Minda Angeles, billing assistant I, medical group business services.

Elaine Au, dietitian I, nutrition & dietetics.

Geodie Baxter-Bowen, administrative assistant II, laboratory medicine.

Carol Benjamin, clinic assistant II, Ambulatory Care Center.

Leanette Blake, senior hospital assistant, nursing, ICU.

Marie Caffey, computing resource manager II, psychiatry, LPPI.

Jesse Canales, staff research associate I, Cancer Research Institute.

Lisa Carella, administrative assistant II, medicine.

Jana Clark, administrative assistant II, development office.

Lawrance Chow, senior collection representative/supervisor, medical group business.

Michael Crosby, staff research associate II, epidemiology & biostatistics.

Yvonne Dea, accounting assistant I, accounting office.

Frances Depandahl, administrative assistant III, biochemistry.

Kathleen Elliott, administrative assistant I, cardiology.

Marissa Espinueva, accounting assistant II, accounting office.

Laura Fabbri, senior clerk, medicine.

Lisa Ferretti, animal health technician II, animal care facility.

Lucy Fraley, senior parking representative, parking operations.

Ann Frost, senior word processing specialist, surgery/liver transplant.

Francis Gadayan, senior storekeeper, materiel management.

Brenda Gee, administrative assistant III, student affairs, School of Nursing.

Paul Gofigan, senior collections representative/supervisor, accounts receivable.

Veronica Gongora, administrative assistant II, student business services.

Dah Gulley, hospital unit service coordinator III, nursing.

Sharon Hampton, billing coordinator assistant III, medical group business service.

Aiten Hassouna, administrative assistant III, transplant service.

Fun Zone

Some December Dates from EMPACT!'s Calendar

Here's a few dates on the EMPACT! calendar for the next two or three weeks:

- **Friday, November 30:** Pick up gift wrap order in the EMPACT! Office, MU 243. (For satellite locations, see below.)
- **Monday, December 3:** See's Candy and "Bears 'n Such" stuffed animal sale in the SFGH lobby, 10 a.m. to 3 p.m. Pick up gift wrap orders.
- **Tuesday, December 4:** Mission Center lobby, 10 a.m. to 3 p.m., same as above.
- **Wednesday, December 5:** Mount Zion 6th floor pavilion, 8 a.m. to 5 p.m., same as above.
- **Thursday and Friday, December 6 and 7:** "Bears 'n Such" stuffed animal sale in Millberry Union (Dec. 6) and Med Sci lobby (Dec. 7), 10 a.m. to 3 p.m. both days.
- **Wednesday through Friday, December 12 through 14:** See's Candy sale, Med Sci lobby, 11 a.m. to 2 p.m. all three days. (If you placed a pre-order, pick up at this time.)
- **"Nutcracker Suite" and "A Christmas Carol":** Still may be some tickets left. "Nutcracker" performances (SF Ballet) December 12 and 20, 8 p.m. both dates. Tickets $22 at MU Central Desk. "A Christmas Carol" (Orpheum Theater) December 13 and 18, 8 p.m. Tickets $22 at MU Central Desk.

UCSF Runners 4th in Hanover Nationals

Some weeks ago in this column we reported that the UCSF co-ed running team that won the citywide Manufacturers Hanover Challenge was headed for New York to run in the national competition. You've probably really been wondering about the outcome. The outcome is, they did great. They came in fourth in the nation, competing against 15 other cities.

The 3.5 mile course down Park Avenue in New York City was more difficult than they expected, says Financial Aid's Margie Spano. "There were a couple of hills and some quick turns." It also was 80 degrees that day—rather warm running conditions.

Margie's teammates included GCRC's Joan Colman, Mike German from the Hormone Research Lab and Andrew Leach from the Computer Graphics Lab. For two members of the team, Margie and Andrew, it was their first time in New York City.

"It was a great way to go," says Margie, referring to the fact that the trip was all-expenses-paid (by Manufacturer's Hanover). "They really wined and dined us." All the runners stayed in the Drake Hotel and were treated to several receptions, parties and dinners. Naturally, they're going to do their best to win again next year.

X-Country Ski Sale

Outdoors Unlimited will be selling quality skis and boots from the rental inventory. Prices start at $20 for skis and $30 for boots. Sale dates December 12 through 19. Also check out hot new equipment for rent. Questions, call 476-1469.

UCSF Chorus Does "Hodie" for Christmas

The UCSF Community Chorus will present its third annual Christmas concert featuring "the seldom performed, but wonderful piece of holiday music," Vaughn William's "Hodie," Friday and Saturday, December 7 and 8, 8 p.m. at the First Congregational Church, Post and Mason. Tickets $8 in advance at MU Central Desk; $10 at the door.

On Sunday, December 9, you can join the chorus for a Christmas carol sing-a-long, 3 p.m., same location, same ticket prices as above.

Medsounds Continued

Flo Lopez' Halloween Wedding: The Rest of the Story

Perhaps you caught the item in Herb Caen's column about a UCSF staff member, Florencia Lopez, getting married on Halloween night at Cypress Lawn Cemetery before 130 guests, mostly in costume. If you were intrigued by this story and wished you had a few more details, here you are:

Flo works evenings in the Emergency Department as a unit clerk, and the costumed guests mentioned included many friends and colleagues from her department. She says she loves Halloween; it's her favorite holiday, and she always wanted a Halloween wedding.

Therefore, when she fell in love with a fellow named Bruce Poli and it began to look like a wedding, the date already was conveniently set. At the beginning of the planning stages she had occasion to visit the chapel at Cypress Lawn, found it incredibly beautiful, and set her heart on getting married there—on Halloween.

"I called the curator and asked if we could reserve it for October 31, and he said he didn't see why not. He said we wouldn't be the first to get married there." (It seems they were the first to get married there on Halloween, however.)

As far as what her husband-to-be thought of the idea, Flo says he was all for it. "I wouldn't have married anybody who wasn't."

Flo has a second job as an animal care technician and works for a veterinarian who also is a minister. He agreed to perform the ceremony, and came in full costume himself (but not as Dracula, as Herb Caen reported).

Flo had no idea what she would be wearing because a friend of hers, a clothing designer, made her dress, and didn't present it to Flo until a few minutes before the wedding. (Or maybe it was that it wasn't finished until a few minutes before the wedding.) Anyway, it was beautiful—a purple velvet Juliet dress with long peaked sleeves. Bruce, who is half Scottish, wore a kilt.

There are many other fine and funny details about the wedding—some that wouldn't make it past the campus censors—so hopefully you know Flo and can stop by and look at her photos and let her fill you in. She'll tell you things like the fact that they put a Ken doll in her bouquet. "You know," she says—"catch a man."

She says Emergency head nurse Ann Dye had a great idea, but unfortunately didn't think of it until after the wedding. Flo and Bruce are always scavenging for junk, especially metal junk, out of which they make sculptures. "Ann said, 'Just think, you could have done your bridal registry at Oyster Point.'" (At the UCSF surplus outlet, where they sell old or extra furniture and equipment.)

There's just one more thing about Flo that has to be included before this story ends. She's crazy about bats—the same way she is about Halloween. She even worked for Bat Conservation International in the past. She says her mother, whom she describes as very conventional (as is the rest of her family), has only one way of explaining her daughter's personality. "She says it's because she got a blood transfusion when she was pregnant with me."

Emergency's Flo Poli (nee Lopez) with new husband Bruce at the wedding

Shirley Young Takes a Look At Infection Control Practices In Soviet Armenia

Infection control nurse Shirley Young recently returned from a near month-long trip to earthquake-devastated Soviet Armenia, where she and Mount Zion infection control nurse Marion Richie were part of a delegation looking at infection control practices.

The trip was instigated by a local Armenian professional group, which had sponsored a couple of missions to help with medical care following the earthquake in 1988. They observed that infection control practices were not what they thought they should be, and approached the local infection control professional organization about sending over a group of consultants. The "group" ended up to be Shirley and Marion, who departed in late September along with a nurse educator and two physicians.

For Shirley, the journey was rather a walk on the wild side, considering she never even possessed a passport before this trip. And certainly there were some interesting environmental conditions to be encountered. For instance, due to a boycott, a very limited supply of natural gas meant there was no hot water in the hotels. And the cars run on benzine, which emits heavy black exhaust into an already polluted atmosphere. And the traffic conditions are downright perilous, apparently the result of relaxed Soviet laws.

Shirley and Marion went prepared to consult with nurses on matters of infection control, but found that nursing care has a different context in Soviet Armenia; that is, many tasks related to infection contol, such as the changing of IVs, inserting catheters, etc., are performed by the doctors. So in actuality, the two Americans really were looking more at soap-and-water type issues.

"What we found," says Shirley, "is that within the context of their training and resources, the infection control practices were not out of line." The hospitals are limited in supplies and equipment, however. Luckily, Shirley's group had brought soap and dispensers, which they helped install at one of the hospitals they visited. They're also working out a formula to send back, so the soap can be manufactured there.

"I think one of the biggest things we accomplished," says Shirley "was connecting people within their own country." For instance, they visited a hospital in the capital of Armenia, where an outbreak had caused the death of a number of babies the year before.

The hospital had since brought in specialists and implemented infection control practices that curbed the outbreak, but staff from the hospital still took the Americans up on the suggestion that they travel along to a hospital in the earthquake area to see what kind of infection control was practiced in the nursery there.

It turned out that the second hospital was finding success with guidelines set up by a group of French visitors, which prescribed that mothers bring clean linen from home when they arrive to have their babies, and take the soiled linen back home with them again, so as to avoid any infections that might be breeding in the centralized hospital laundry.

Home again: Infection Control's Shirley Young

Also, the mothers keep the babies with them instead of removing the baby to a central nursery. The group from the first hospital, which had had no communication with the second hospital heretofore, was very intrigued with these concepts, and ended up spending many hours exchanging ideas with their newfound colleagues.

One of the interesting things, says Shirley, is that there are numerous groups who are there on relief missions, and seemingly no central coordination of these groups. "I think there's a lot of good work going on, but I suspect there's a certain degree of duplication."

She hopes that by putting some health care professionals within the country in touch with one another, they helped set up the beginning of a network that could result in more hospitals or areas benefiting from the work done by these outside health consultants.

Would she participate in this type of thing again?

"I think I might," she says, "but I'd want the situation to be different. This trip was very eye-opening and I think we made some accomplishments, but I'd prefer to have a more hands-on role. We were there to observe and consult, but I'd think I'd rather be more of a participant—conduct classes or take part in an actual project."

Toodle-oo, Flu

The flu shot "road show" that traveled through Moffitt/Long Hospitals the first part of November brought free vaccine to hundreds of employees who knew a good thing when they saw it. The episode pictured above took place in the Emergency Department, starring Employee Health's Delores Giles (far left) with an honest-to-goodness lineup of people signing in for shots: (left to right) Clinical Lab's Angelo Chualong, OR's Tracey Frazier, and Emergency Registration's David Ruiz. If you missed your chance while the show was on the road, you still can take advantage of the free vaccine program. Just stop by Employee Health in Room 707 in the Ambulatory Care Center any time during the open hours, 8 a.m. to noon and 1 to 5 p.m. weekdays except Wednesday, when it opens at 9:30 a.m.

Nominations Open for "Distinguished Nurse"

If you know a nurse who would be a good candidate for the Medical Center's "Distinguished Nurse Award" for 1991, be advised that the nominations are now open.

You have until Friday, January 4, to nominate yourself or a colleague who has made an outstanding contribution to patient care. A brochure and nomination form is available by calling Judy White, 476-1362. Eligible candidates include Clinical Nurses I through III or an Administrative Nurse I employed within the departments of nursing at UCSF.

This year's recipient was Mary Reid, a Clinical Nurse II who led a group that planned and implemented a weekly support group for family members and friends of patients in the intensive care unit. The support group is facilitated by pairs of ICU nurses.

The award, which carries a $750 cash prize, will be presented during the Founders Day celebration in March.

Take the Shuttle to Home Care Open House

The theme for National Home Care Week (November 25 through December 1) is "Celebrate Home Care." Thus, the Mount Zion-UCSF Home Care Program staff is providing the opportunity for you to do just that. They're hosting an open house on Tuesday, November 27, from 9 to 11 a.m. at their headquarters on the 5th floor of Mount Zion's Hellman Building.

It's a good chance to visit Mount Zion if you haven't as yet, especially if you're interested in the possibilities provided by home care, either for patients or for staff. Anyone from the campus community is welcome to stop by, meet the staff, have some coffee, take a tour, and watch a film on home care. You might also get in on a ceremony honoring Mount Zion's Arthur Cerf. He's been selected "Home Care Physician of the Year " by the department.

P.S. Check the new shuttle schedule. There are now plenty of shuttles going back and forth between Mount Zion and other UCSF locations.

UCSF Medsounds

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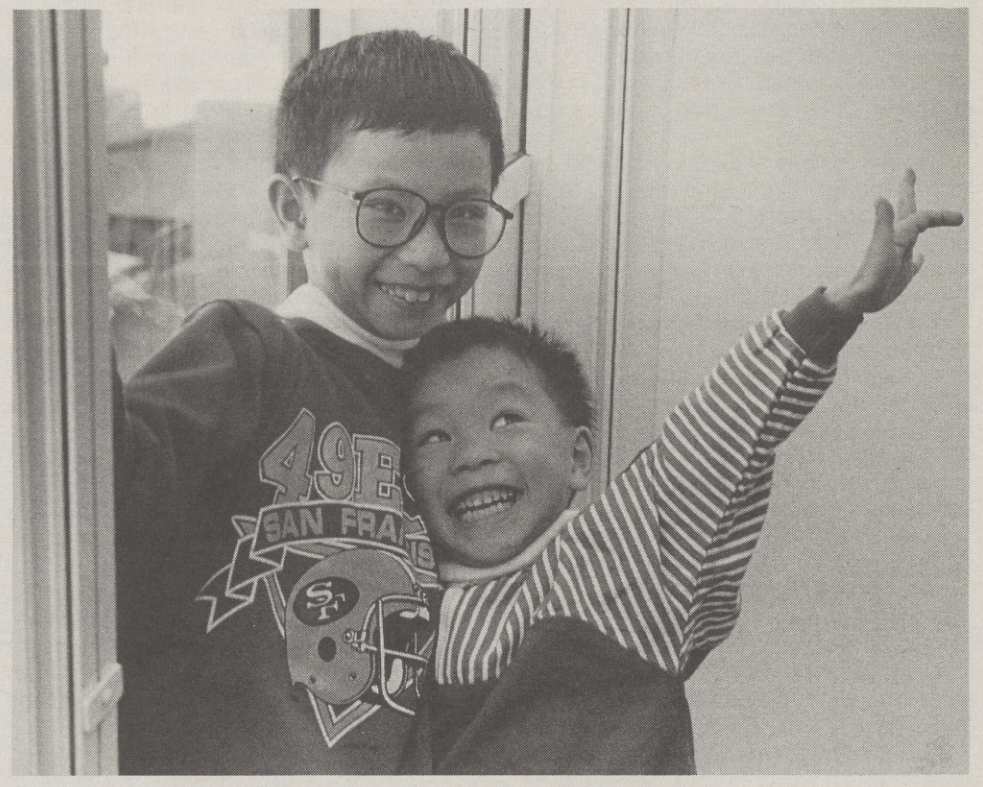
Radiology's Ike Mitchell Wins First Annual Lanna Lee Technologist Award

Ike Mitchell with colleagues Phyllis Woods (left) and Kathy Marr



Some special guests at the event were Lanna's three children, including eight-year-old Benjamin (left) and four-year-old Brian. Also present was her daughter Svetlana, age 12.

Some months ago, when asked for a suggestion for the "Random Shots" column that periodically appears in *Medsounds*, Radiology's Kathy Marr said without a moment's hesitation, "How about Ike Mitchell? We keep hoping he'll get a major campus award for the great job he does here, and all his community service."

As it turned out, the department didn't have to wait until Ike got an award from the outside. This year they established the "Lanna Lee Technologist Award," and made Ike the first recipient.

Ike, a radiologic technologist who works the night shift, received the award at a luncheon in his honor attended by many colleagues from both the inpatient and outpatient radiology departments. The accompanying ceremony, conducted by outpatient radiology chief Steven Ominsky, had a two-part focus.

First, it was to introduce the award, which was established in memory of radiologic technologist Lanna Lee. Lanna, if you remember, was one of the UCSF vanpool members killed last year during the earthquake.

Among the luncheon guests were Lanna's three young children and her sister and brother-in-law, who are raising the children.

With Lanna's family and her colleagues in the audience, Dr. Ominsky spoke of her excellence, both as a technologist and a person. "She was so good with patients, they often specifically requested her when they came in for an appointment." Lanna worked in ACC's Radiology Clinic, specializing in mammography.

He also spoke of her character, exemplified in her strength when her husband died a few years ago, after which she carried on admirably, both at home, raising three small children, and at work.

This award was established in her memory, he said, to honor other technologists who share some of the same qualities that Lanna brought to her field. The award, which carries a cash prize, has been endowed by Winthrop Laboratories and will be issued to an outstanding technologist each year. (The formal name of the award is the "Lanna Lee/Winthrop Technologist Award.")

If you read the profile of Ike that appeared in *Medsounds* a few issues ago (thanks to Kathy Marr's suggestion) then you already have a sense of why he was selected to be the first recipient of this award. For more than 13 years he's been covering the hospital by night; and by day he volunteers as the tennis coach for a local community center, teaching tennis to disadvantaged children. (Before he left the luncheon he offered lessons to Lanna's daughter, Svetlana.)

There were a number of plaques being passed about the room following the ceremony. There was one for Ike to keep, and another perpetual trophy that will take its place in the Radiology trophy case along with a plaque dedicated to the memory of Lanna. The case is located in front of Moffitt 381.

Dr. Ominsky also mentioned the other candidates for the award, who very well may become future recipients: technologists Vince Piperno, Ron Green, Katrina Lam and Julio Gonzalez.

$84,000 Raised for Lanna Lee Fund

Following Lanna Lee's death last year, the Radiology department set up an assistance fund for her children. Radiology's Lee Gately, who administered the fund, reports that a total of $83,887 has been raised to date from the many, many donations that came in from both inside and outside UCSF.

Holiday Toy Drive Will Benefit Our Own Kids

The Medical Center's Holiday Toy Drive, which begins Monday, December 3, will have a special focus this year: The toys will go to children in our inpatient and outpatient programs.

"Many parents who have children in the hospital have completely exhausted their financial resources," says Patient Relations' Susan Alves-Rankin, who is coordinating the drive along with Patient Escort's Richard Felder. "In the past, some parents have even inquired if we have any kind of program that could help out with gifts."

Also, the toys collected from the drive will provide prizes and favors at several parties planned for young patients. In addition to the annual holiday party for children in the hospital, several of the clinics have planned parties for their young patients, including children with AIDS or hemophilia, or on dialysis.

If you would like to contribute a toy to the cause, best do it sooner than later. The first of these parties is scheduled for December 12, just a little more than a week after the toy drive begins. Toys should be new or nearly new (some patients can only have new toys because of infection control). Watch for flyers with further details.

At this writing, the details of many holiday events were not entirely in place. Therefore, in addition to further information on the toy drive, be sure to watch your office mail for flyers on the department decorating contest, etc.

Volunteer Services, on the other hand, does have its holiday calendar set, which includes a Foster Grandparent party, the annual Holiday Tea for all volunteers, and helping out with all the pediatric parties mentioned above.

There also are some things in which everyone can participate, including a tree-trimming party in the Moffitt lobby on Friday morning, November 30, from 8 to 10 a.m.

Also, if you like to sing and want to participate in one of the groups scheduled to go carolling through the halls of the hospital during the holiday season, call Volunteer Services, 476-1196. (While you're on the phone, you might ask if they need any help with all these holiday events they're sponsoring.)

Christmas Shopping, December 5, 6 & 7

The Auxiliary's annual jewelry sale will take place on Wednesday and Thursday, December 5 and 6, just in time for Christmas shopping. Time and place: 8 a.m. to 5 p.m. each day in the Med Sci lobby.

Featured will be all kinds of jewelry — gold, silver, pearls, diamonds, precious and semi-precious stones; bracelets, pins, earrings, necklaces and rings. Everything will be offered at 60 to 65 percent off the marked price. Cash, checks and credit cards (Visa, MasterCard) are all fine.

More shopping opportunities:

- **Holiday Sale.** The jewelry sale will coincide with the first two days of a three-day Holiday Sale sponsored by the Auxiliary, Wednesday through Friday, December 5 through 7, 8 a.m. to 5 p.m. in the Med Sci lobby. Featured will be gift packs of candies and other sweet treats, plus dolls and doll clothes handmade by Estelle Blair, manager of the Auxiliary's "Bear-ly New" Thrift Shop on Fillmore.
- **"Entertainment '91" Books.** These savings books cost $35 and offer two-for-one and 50%-off deals at a long list of restaurants and cultural and recreational attractions. Once you buy one of these books, you are then eligible to purchase a "Half-Price Europe" book or "Entertainment Hawaii." For further information, call the Auxiliary office at 476-4906.
- **'Tis the Season to Clean Out Your Closets** and bring all your treasures from past seasons (including toys) to the Auxiliary's Bear-ly New Thrift Shop at 1752 Fillmore.

Call 476-MOMS and This Is Who You'll Get

If you're wondering whether you should have a baby, or what to do now that you know you're having a baby, or what to do after you have your baby, you can call 476-MOMS and Gloria Thornton will open the door to your answers.

Gloria is the coordinator of "Great Expectations," a sort of one-stop shopping place for information for parents and parents-to-be (or pre-parents to be). The program, which began nine years ago at Mount Zion, blossomed into a full-service childbirth preparation and parenting resource center, then merged with the UCSF childbirth preparation education program after the two hospitals entered into a joint perinatal program almost two years ago.

Gloria just recently moved the "Great Expectations" headquarters from Mount Zion to Parnassus and is now operating out of Room 898 in the Ambulatory Care Center adjacent to the Obstetrics Clinic. You can stop by or call anytime between 8:30 a.m. and 5 p.m. (except noon to 1, when the office is closed for lunch). Some of the services offered include:

- Helping parents choose childbirth options and hooking them up with the right services.
- A very large roster of classes, workshops, lectures, film series and groups relating to childbirth and parenting.
- A library of books, tapes, videotapes and printed material for checkout.
- Tours and information on the Birth Center here at the Medical Center.

"Great Expectations" coordinator Gloria Thornton

Gloria says that in the years she's been coordinating "Great Expectations," the big area of interest definitely has swung toward combining parenting and working. In fact, right now the program is offering two series on this subject, "Working Pregnant," now underway; and "The Working Parent," which begins in January. These low-cost programs are open to everybody. Call 476-MOMS for a listing of all forthcoming and ongoing programs.